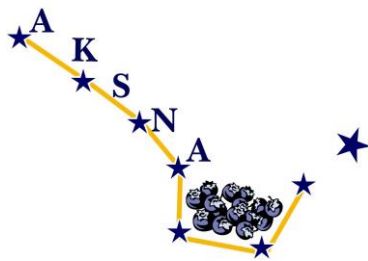




Mush-On

Alaska School Nutrition Association Newsletter



The President's Report

As we begin another school year we are all facing great changes. Many of us face uncertainty in our districts and worry about national funding. As the President of Alaska School Nutrition Association I can assure you that our Board is advocating for our school nutrition programs. I hope you all had a great relaxing summer and are recharged for the school year. We have great training opportunities in February that will help assist you in your new professional standards. We look forward to hearing from you and to another great year with AKSNA. Please feel free to contact me if you have any ideas or wonder how you can get involved.

Carlee Johnson, AKSNA President
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State Farm to School Representative:
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Marketing Chair:
Vacant

Monthly Highlights!

- AKSNA is growing! If you would like to be part of this association please contact us at aksna101@hotmail.com.
 - *Vacant positions:* Secretary and Marketing Chair
 - *Creating new positions* in specialty fields: Social Media, Allergy, Dietician
 - *Welcome* newest board member Theresa Wilson, Treasurer
- SNAs Certificate Program in 3 Easy Steps: Earn your Level 1 Certificate
 - STEP 1: Complete 8-hour Nutrition Core Course and 8-hour Food Safety Core Course.
 - STEP 2: Send SNA your completed application, payment and Certificates of Completion
 - STEP 3: CELEBRATE! SNA will send you a confirmation letter. Take the first step today! www.schoolnutrition.org/certificate
- SNA Webinar Wednesday
 - Wed, Sept 30: [Navigating Professional Standards](#)
 All webinars are held at 2pm Eastern Time (1pmCT/Noon MT/11am PT). For more information and to access the webinar archive, please visit schoolnutrition.org/Webinars.
- AK Farm to School
 - Rural Community Grant Program. Awards range from \$500 - \$5,000 and application **deadlines are February 1 and October 1 of each year**. For more information go to www.northwestfcs.com/ruralgrants or contact Jennifer Rohrer at Jennifer.rhorer@northwestfcs.com.
 - Traditional foods can contribute toward reimbursable meals in Child Nutrition Programs. Read the memo at: [Child Nutrition Programs and Traditional Foods](#).

ANC Conference ~ July 2015

Winning a trip to the 2015 SNA Conference was a true blessing. Having an opportunity to rub elbows with all my fellow food workers from all over the place was most excellent.

It seems as if we all share the same struggles, but when it's said and done and the kiddos get a great meal that's our pay off. Learning a bunch of new info with all the sessions offered, I can't tell you how valuable to me it is learning and having new tools to do my job better and more efficient.

Networking with vendors and my peers is another valuable tool to be helped out and help others out.

One aspect I enjoyed was sharing some of my challenges with folks from the lower 48, getting product out to remote locations, everything is flown in, dealing with 4 months of everything being frozen that sits out for more than 10 minutes, polar bears, arctic foxes and on and on.

I must say it was truly a time of soaking up info like a sponge, hanging with some cool folks, seeing some awesome local familiar faces, enjoying a great show with Big and Rich and exploring Salt Lake City.

Geno Ceccarelli
Food Service Program Administrator
North Slope Borough School District

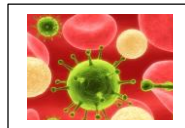


Allergy Corner

Allergies are diseases of the immune system that cause an overreaction to substances called "allergens." Allergies are grouped by the kind of trigger, time of year or where symptoms appear on the body.

Here are some quick links for allergy information.

<http://www.foodallergy.org/>
<http://www.aafa.org/>
<https://www.aafaalaska.com/>



These links include articles and information, such as the following, as great resources for schools...

FARE has a variety of resources schools can use to help create a safer environment for students with food allergies and increase awareness among the student body. In part, these include:

GUIDELINES:

- *School Guidelines for Managing Students with Food Allergies: This document outlines the responsibilities of families, schools, and students in minimizing risks and providing a safe environment for students with food allergy.*
- *State Guidelines: Links to guidelines released by specific states.*

Conference Committee Co-chairs:

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Greg Regester
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RCCI Representative:

Mario Martinez
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Dates to Remember:

Oct 12-16, 2015 –
National School Lunch Week

Nov 18-19, 2015 –
Fall Industry Boot Camp
National Harbor, MD

Jan 17-19, 2016 –
School Nutrition Industry Conf.
San Diego, CA

Feb 28-Mar 2, 2016 –
Legislative Action Conference
Washington, DC

March 7-11, 2016 –
National School Breakfast Week

April 20-22, 2016 –
National Leadership Conference
Baltimore, MD

May 6, 2016 –
School Lunch Hero Day

July 10-13, 2016 –
Annual National Conference
San Antonio, TX