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August 2018

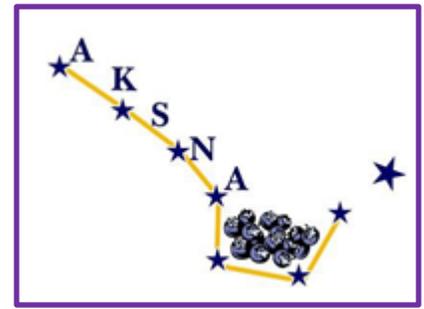
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# MUSH-ON

Alaska School Nutrition Association

[www.aksna.org](http://www.aksna.org)

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## AKSNA Executive Board

**President:**

Tanya Dube  
[tdube@bbbsd.net](mailto:tdube@bbbsd.net)

**President-Elect:**

Josephine Dawson  
[jo.dawson@alaska.gov](mailto:jo.dawson@alaska.gov)

**Past President:**

Carlee Johnson  
[cjohnson@pcsd.us](mailto:cjohnson@pcsd.us)

**Secretary:**

Sandie Ponte  
[sponte@cordovasd.org](mailto:sponte@cordovasd.org)

**Treasurer:**

Theresa Wilson  
[twilson@lpsd.com](mailto:twilson@lpsd.com)

**Public Policy & Legislation  
Nominating Chair:**

Trevor Bridgewater  
[tbridgewater@yksd.com](mailto:tbridgewater@yksd.com)

**Communications & Mush-On  
News Editor:**

Sue Lampert  
[sue.lampert@alaska.gov](mailto:sue.lampert@alaska.gov)

**Member Services:**

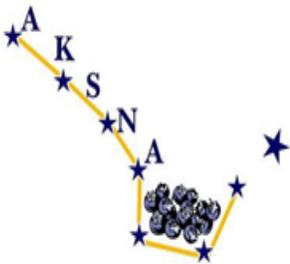
Adrienne Schwartz  
[Adrienne.schwartz@juneauschools.org](mailto:Adrienne.schwartz@juneauschools.org)

**Nutrition Standards & Education:**

Walter Williams  
[wwilliams@swrsd.org](mailto:wwilliams@swrsd.org)

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## Save the Date for the 51<sup>st</sup> Annual AKSNA Conference



Dr. Katie Wilson Ph. D., SNS

Save the Date!!

The 51<sup>st</sup> AKSNA Conference will be held **January 29-31, 2019 in Anchorage, Alaska** with preconference sessions January 28. Our special key note presenter is former USDA Deputy Undersecretary and SNA President, Katie Wilson!

Katie has a wealth of experience in school nutrition and previously served in several leadership roles in the School Nutrition Association. Don't miss this opportunity to be motivated by Katie.

## National School Lunch Week

Mark your calendar for National School Lunch Week—October 15-19, 2018! The #NSLW18 theme is "School Lunch: Lots 2 Love," which was designed to help students and school nutrition professionals connect and share what each loves most about school lunch with parents, school officials, the media and the general public. Start planning your celebration today—get started with the help of our resources

<https://schoolnutrition.org/meetings/events/nslw/2018/get-started/>

## SNA Webinar Wednesdays Return on August 22!

Summer days are numbered, and back-to-school time is nearly here! Don't miss out on SNA's first webinar of the "Best of #ANC18" series and the leading webinar of the new school year! Join this [e-learning event](#) and hear a discussion about unpaid meal charge policies and best practices. [More Webinars](#)

### Register for Upcoming Webinars

#### **WEBINAR WEDNESDAYS** **Best of #ANC18: Managing Unpaid Meal Charges** **Wednesday, August 22, 2018, 2:00 pm ET**

In response to congressional action in 2010, USDA took a closer look at unpaid meals and reported on the current policies of the states and SFA regarding meal charges and alternate meals. Join us to review the USDA guidance, and learn how two school districts have put it into action.

*Successful completion of the webinar and quiz is awarded 1 SNA CEU, or 1 CPEU for RDs/DTRs.*

[> Learn More](#)

#### **WEBINAR WEDNESDAYS** **Best of #ANC18: Creative Recipes** **Using USDA Foods**

**Wednesday, August 29, 2018, 2:00 pm ET**

As presented at #ANC18, this webinar offers speed scratch techniques and great recipes using USDA Foods to leverage today's trendy menu concepts.

*Successful completion of the webinar and quiz is awarded 1 SNA CEU, or 1 CPEU for RDs/DTRs.*



## SNA's New Level 2 Certificate Has Launched—Learn more at #ANC18!

SNA's Certificate in School Nutrition Program now has 4 Levels! The new [Level 2 Certificate](#) bridges the large jump in training requirements between Level 1 and the old Level 2. There are no changes for Level 1 Certificate holders, but existing Level 2 and Level 3 certificate holders have been notified that their certificate has been renamed Level 3 and Level 4 respectively. Your state certificate rosters have been updated to reflect the new level and name changes and can be downloaded from [schoolnutrition.org/myaccount](http://schoolnutrition.org/myaccount). Attending #ANC18? Visit SNA's

### AKSNA Executive Board (Continued)

#### **State Farm to School Representative:**

Lyssa Frohling  
[lyssa.frohling@alaska.gov](mailto:lyssa.frohling@alaska.gov)

#### **Marketing Chair:**

September Horton  
[septemberh@mehs.us](mailto:septemberh@mehs.us)

#### **Member at Large:**

Geno Ceccarelli  
[geno.ceccarelli@nsbsd.org](mailto:geno.ceccarelli@nsbsd.org)

#### **RCCI Representative:**

Vacant

### Dates to Remember

**National School Lunch Week**  
**October 15-19, 2018**

**The 51<sup>st</sup> Annual Alaska School Nutrition Conference is coming!**

Conference dates  
**January 29- 31, 2019**

### Upcoming Webinar Wednesdays

Webinars begin at 10:00 AM  
(Alaska Time)

Managing Unpaid Meal Charges  
**Wednesday, August 22, 2018**

Creative Recipes Using USDA Foods  
**Wednesday, August 29, 2018**

Member Resources Center to learn more about the new Level 2 and how you can begin to “Plant the Seeds” for professional growth!

## State Agency Updates

It's hard to believe that summer is over and it's time for school to start again – welcome back AKSNA members! I hope you all had a great summer. At the state agency we see that this fall has brought a lot of new faces to school nutrition across our state, so if you are new or working with new staff, be sure to check out some of the many resources available:

- 1.) eLearning: did you know that we have developed 17 eLearning courses specific to school nutrition? If you haven't checked them out, you might be surprised!  
<https://education.alaska.gov/elearning/courses>
- 2.) School Nutrition Programs Administrative Handbook – revised for school year 2018-2019. If you don't have a copy, please email Debbie Soto at [Debbie.soto@alaska.gov](mailto:Debbie.soto@alaska.gov) and we'll mail or email one to you.
- 3.) Recipes: There is no shortage of awesome standardized recipes that meet USDA requirements. Check out our collection, “Make it Local: Recipes for Alaska's Children” [https://education.alaska.gov/tls/cnp/cookbook/Make\\_It\\_Local\\_2ndPrinting.pdf](https://education.alaska.gov/tls/cnp/cookbook/Make_It_Local_2ndPrinting.pdf) or look in USDA's Mixing bowl for other resources <https://whatscooking.fns.usda.gov/>
- 4.) Menus: There are a few resources for cycle menus, we have one collection that was developed with rural sites in mind that can be found at [https://education.alaska.gov/tls/cnp/cookbook/Rural\\_Menu.PDF](https://education.alaska.gov/tls/cnp/cookbook/Rural_Menu.PDF), and Kansas has another collection that can be found at [https://www.kn-eat.org/SNP/SNP\\_Menus/SNP\\_Resources\\_Healthier\\_Kansas\\_Menu.htm](https://www.kn-eat.org/SNP/SNP_Menus/SNP_Resources_Healthier_Kansas_Menu.htm); keep in mind that if you want to personalize an established cycle menu, you'll want to make sure that you're still making all of your targets for the week.
- 5.) New Manager Mondays: Watch for information about the resumption of New Manager Monday calls, 1-2 a month our staff will lead a discussion on a variety of school nutrition topics and share resources available.
- 6.) Partners: Keep in mind all of the organizations out there to see you succeed – the School Nutrition Association <https://schoolnutrition.org/> and the Institute of Child Nutrition <https://theicn.org/> both have printed materials, webinars on demand, scheduled webinars, and other resources to support your program.

Please remember that we're here to support you, please contact our office if there's anything you need!

Jo Dawson



## **Food Allergy Experts are here to Help!**

SNA has food allergy experts on standby for your most pressing food allergy questions. Visit SNA's [Food Allergy Resources Page](#) to ask a specific question you've always been curious about. You will receive a reply from a dedicated National Peanut Board Food Allergy Expert. On SNA's Food Allergy Resource Page, you will also find food allergy webinars, FAQs, and tons of reliable resources from the associations, academies, and networks you trust most.

## **Use SNA's Block Grant Calculator!**

By now, you've heard of the potential damage that a school meal block grant could inflict on school nutrition programs. SNA's easy to use, printable block grant calculator can you give you a clearer estimate of how much your local schools and students stand to lose. Attendees of SNA's Legislative Action Conference (LAC) are encouraged to bring their eye-opening results to share with their respective legislators.

To use the [Block Grant Calculator](#):

- Complete the green fields.
- Part one shows immediate loss of funds to your program.
- Part two shows percent decrease in funds over three years.
- Part three shows the cumulative losses over three years.

Check out SNA's [block grant flyer](#) for more information. Contact us at [advocacy@schoolnutrition.org](mailto:advocacy@schoolnutrition.org) if you have any questions!

## **Your Mid-Year Advocacy Update**

SNA has been fighting hard for the legislative and policy priorities that ensure adequate funding and reasonable regulations so you can do what you do best – keep kids nourished and ready to learn! Half-way through the year, 2018 school nutrition advocacy shows no signs of slowing. Read a recap of the exciting progress we've made, including new funding, education efforts, and program simplification, on the SNA [website](#).

## **USDA Distributes \$30 million in Equipment Grants**

The U.S. Department of Agriculture's (USDA) Food and Nutrition Service (FNS) [announced](#) the distribution of \$30 million in funding for equipment grants to state agencies. Eligible School Food Authorities (SFAs) that receive the grants can use them to purchase equipment that are needed to serve healthier school meals, improve food safety, and expand access to school meals

## Annual AKSNA Membership Campaign

Alone we whisper, together WE SHOUT! AKSNA needs more voices raised in support of school meal programs. We need you to recruit **NEW MEMBERS** and new voices this year.

Recruit **ONE** or more new members between June 1, 2018 and May 31, 2019 and you will be automatically entered into a drawing to win registration to SNA's 2020 Annual National Conference in Nashville, TN.

AKSNA membership offers you a supportive community of colleagues to share best practices, free live and on-demand webinars, educational and conference scholarships, certificate and credentialing programs to enhance your career, meeting and conferences tailored to your needs, along with advocacy and legislative efforts for school meal programs.

Please see the attached SNA Alaska membership application. For more information please contact Adrienne Schwartz at [Adrienne.schwartz@juneauschools.org](mailto:Adrienne.schwartz@juneauschools.org)

Greetings AK Food Service Professionals!

It is that time of year when everyone is gearing up for the start up the school year. Lots of exciting things going on right now as you make preparations to provide nutritious meals at your schools.

You have such an important job serving school meals to our nation's children. By belonging to SNA, you are part of something bigger than just your school or district. You are joining the 58,000 committed members from across the county who are feeding the bodies and fueling the minds of future generations. You represent all the hungry children who eat at school and **your voice matters**.

Also, by being a member of SNA, you get a support network of friends who understand the everyday challenges of the cafeteria and access to resources that help make your job easier. This includes a monthly magazine, professional development opportunities including free webinars and e-newsletters.

I love being a SNA member! My favorite part of being a member is the connections made with other members. These connections have benefitted me both personally and professionally. It is nice to know so many others throughout our state who share the same passion. By becoming a SNA member, and attending AKSNA conferences, my perspective of school food service operations in our state has expanded greatly.

If you would like more information or have questions about becoming a SNA member, please contact me anytime or visit <https://schoolnutrition.org/membership/> to join/renew your membership.

Adrienne Schwartz  
AKSNA membership chair  
[adrienne.schwartz@juneauschools.org](mailto:adrienne.schwartz@juneauschools.org)  
907-796-5384  
907-209-3372

## AKSNA Members at the SNA National Conference

Attending the SNA Annual conference in Las Vegas were state agency staff, district nutrition services staff, and industry representatives.

AKSNA President, Tanya Dube received the SNA President's Award of Achievement and Membership Goals from SNA Chief Executive Officer, Patricia Montague.





# NATIONAL AND STATE NEW MEMBER APPLICATION

Member ID \_\_\_\_\_

- ① Have you ever been a SNA member?  Yes  No
- ② First Name \_\_\_\_\_ Last Name \_\_\_\_\_
- ③ Email \_\_\_\_\_ Job Title \_\_\_\_\_
- ④ School District \_\_\_\_\_ ⑤ School Name \_\_\_\_\_ ⑥ Chapter No. \_\_\_\_\_
- ⑦ Work Phone \_\_\_\_\_ Home Phone \_\_\_\_\_
- ⑧ Work Mailing Address (Please indicate preferred mailing address  Work  Home)  
 Address \_\_\_\_\_ Suite \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_
- ⑨ Home Mailing Address  
 Address \_\_\_\_\_ Suite/Apt \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_
- ⑩ Who referred you to SNA? First Name \_\_\_\_\_ Last Name \_\_\_\_\_ (Optional Member ID: \_\_\_\_\_)
- ⑪ Membership Category (Check either individual membership or school district/state agency owned membership (SDM). See back for description)

### National Dues

Member Categories	Individual Membership	School District/ State Agency Owned Membership
SN Employee	\$33 <input type="checkbox"/>	\$33 <input type="checkbox"/>
Student	\$33 <input type="checkbox"/>	N/A
Retired	\$33 <input type="checkbox"/>	N/A
SN Manager	\$35 <input type="checkbox"/>	\$35 <input type="checkbox"/>
District Director/Supv/Spec	\$120 <input type="checkbox"/>	\$120 <input type="checkbox"/>
Major City Director/Supv/Spec	\$120 <input type="checkbox"/>	\$120 <input type="checkbox"/>
State Agency Director and Staff	\$120 <input type="checkbox"/>	\$120 <input type="checkbox"/>
Nutrition Educator	\$120 <input type="checkbox"/>	\$120 <input type="checkbox"/>
Other	\$120 <input type="checkbox"/>	\$120 <input type="checkbox"/>
Affiliate Employee	\$17 <input type="checkbox"/>	N/A
Affiliate Retired	\$17 <input type="checkbox"/>	N/A

- ⑫ Employed by?  Public School  Private Management Company  
 Private School  CACFP
- ⑬ Does your employer pay your dues?  Yes  No
- ⑭ Are you responsible for school nutrition operations in your school district?  Yes  No

National, State Dues and Processing Fee are required.

⑮ NATIONAL DUES \$    .

AK ⑯ STATE DUES\* \$    .

⑰ PROCESSING FEE \$    **2** . **00**

⑱ TOTAL DUES \$    .

⑲ Tax-deductible contribution to SN Foundation \$    .    
 \_\_\_\$10 \_\_\_\$25 \_\_\_\$50 \_\_\_Other

⑳ TOTAL PAYMENT \$    .

- ⑯ Your STATE DUES are: (Record state dues in the space provided on right) \* Select one.

\$10.00 All Members

- ㉑ CREDIT CARD INFO: EXP. DATE \_\_\_\_\_  
 # \_\_\_\_\_

- ㉒ Individual Membership Signature \_\_\_\_\_ Date \_\_\_\_\_

For SDM multiple applicants, you may use a spreadsheet found at [www.schoolnutrition.org/sdm](http://www.schoolnutrition.org/sdm).

See reverse side for important information.

Dues subject to change.

㉓ FOR SCHOOL DISTRICT OWNED MEMBERSHIP (SDM) ONLY

SDM Main Contact Name \_\_\_\_\_

(Optional) SDM Main Contact Member ID \_\_\_\_\_

Email \_\_\_\_\_

Business Phone Number \_\_\_\_\_

Return this form with your credit card information, or your check or money order made out to SNA  
 Mail application to SNA, PO Box 759297, Baltimore, MD 21275-9297

## SNA National and State Membership Application Guidelines

### Membership Application for Individual and School District Owned Memberships.

Instructions for completing the front of this application:

1. Please indicate if you have ever been a SNA member.
2. Print your full name as you would like it to appear in your membership record and on your membership card.
3. Print your email address and job title.
4. Print your current school district.
5. Print your current school name.
6. If you know your local chapter number, please fill in.
7. Print your work and home phone number.
8. Print your work mailing address.
9. Print your home mailing address.
10. Print full name of member referrer who introduced you to SNA (only needed for new members). This will give the person credits for Star Club and annual membership campaign drives. Optional: Include referrer's SNA member ID.
11. Please review the membership categories listed. Check one that best describes your position. **School District/State Agency Owned Membership (SDM) is a membership owned by the school district/state agency and can be transferred to another individual in the same membership category. Please check with your district to see if you are eligible for SDM.**
12. Please check if you are employed by public school, private school, or private management company.
13. Please indicate if your employer pays your dues.
14. Please indicate if you are responsible for school nutrition operations in your school district.
15. Record your national dues based on membership category checked.
16. Record your state dues based on the dues listed on left side of application under "Your state dues are:"
17. All applications must include the processing fee.
18. Please add national, state dues and processing fee amounts. This is the total dues amount to be paid. Applications with incorrect total amount will be returned resulting in a delay of member benefits.
19. Record your optional contribution to the School Nutrition Foundation. The School Nutrition Foundation is a 501(c)(3) organization and donations are tax deductible. Your contribution of \$10 or more will be acknowledged by the School Nutrition Foundation.
20. Add national dues, state dues, processing fee and any optional contributions. This is the total payment.
21. If paying by credit card, please enter your credit card information.
22. This box must be completed for SDM applicants.
23. Please sign and date your completed application. Required for individual membership only. Mail your application and payment to SNA, PO Box 759297, Baltimore, MD 21275-9297.

Membership dues cover a full year of benefits. Processing of application takes approximately two to four weeks from receipt of payment. New members will be mailed a membership card about two weeks after application has been completely processed.

Dues Category	Membership Category	Description	Individual Membership	School District/ State Agency Owned Membership
SNE	School Nutrition Employee	Cooks, bakers, bookkeepers, technicians, assistants, etc.	\$33	\$33
STU	Student	Full-time students enrolled in post-secondary nutrition, health or other food related program. Does not include right to vote.	\$33	N/A
RET	Retired	Retired Members.	\$33	N/A
SNM	School Nutrition Manager	Managers, head cooks, assistant managers.	\$35	\$35
DDS	School Nutrition Director, Supervisor, Specialist	Working in a school nutrition program at the school district level.	\$120	\$120
MCD	School Nutrition Director, Supervisor, Specialist (Major City)	Working in a school nutrition program where the school district enrollment is 40,000 or more or city population is 200,000 or more.	\$120	\$120
SDS	State Agency Director, Supervisor, Specialist	Working in state office for child nutrition programs, including nutrition education.	\$120	\$120
EDU	School Nutrition Educator	Faculty working in a college/university setting.	\$120	\$120
OTH	Other	Principals, Superintendents, Teachers, etc. Does not include right to vote.	\$120	\$120
AFE	Affiliate Part-Time Staff (less than 4 hours daily)	Optional membership category for retired or part-time school nutrition staff. Does not include a subscription to <i>SN</i> magazine or the right to vote in the annual SNA election.	\$17	N/A
AFR	Affiliate Retired		\$17	N/A

Note: Contributions or gifts to SNA are not deductible as charitable contributions for federal income tax purposes. Contributions to the Foundation are deductible for IRS purposes. \$2.00 of your national dues is used for your subscription to the *SN* magazine.