## MUSH-ON

Alaska School Nutrition Association www.aksna.org

## ALASKA SCHOOL NUTRITION ASSOCIATION 51st Annual Conference



# Keynote Speaker: Katie Wilson, PhD, SNS Former USDA Deputy Undersecretary

Pre-Conference Sessions January 28, 2019

ServSafe Food Safety Training and Certification
PrimeroEdge 101 Software Training
School Nutrition Specialist Credentialing Examination
Additional registration fees required for these sessions

January 29-30, 2019
BP Energy Center
Anchorage, Alaska
Vendor Show January 31, 2019 at the Egan Center



#### **AKSNA Executive Board**

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As the Alaska School Nutrition Association annual conference quickly approaches if you are not already a member of the School Nutrition Association (SNA) and the Alaska School Nutrition Association (AKSNA) I would like to invite you to consider membership in the only association dedicated to child nutrition programs.

AKSNA holds an annual conference, which is a valuable resource for ongoing professional development and networking opportunities.

AKSNA membership provides a wide range of benefits. As an AKSNA member you will receive:

- Growth and advancement in your school district and the state of Alaska.
- Reduced registration fee for the AKSNA conference.
- Access to quality educational opportunities to enhance managerial skills and child nutrition knowledge.
- Opportunity to be certified in school foodservice & nutrition.
- The latest information on school foodservice, child nutrition issues, new promotional ideas, and recipes to try through SNA's Web site, www.schoolnutrition.org.
- 11 issues of SNA School Foodservice and Nutrition magazine plus the AKSNA Mush-on Newsletter published 9 times each year.
- Collaboration with school food service staff throughout the state of Alaska and nation – share your experiences, ideas and solutions to the common challenges we face every day.
- Strong representation of child nutrition programs to legislators on the local, state, and national levels.

I would enjoy hearing from you and telling you more about AKSNA membership. If you have any questions or want to hear more, please contact me anytime at 907-796-5384 or

adrianne.schwartz@juneauschools.org

## AKSNA Executive Board (Continued)

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#### Dates to Remember

The 51st Annual Alaska School Nutrition Conference is coming!

Conference dates January 29- 31, 2019

#### **Upcoming Webinar Wednesdays**

Webinars begin at 10:00 AM (Alaska Time)

New webinars beginning January 2019

Best of School Nutrition Industry Conference (SNIC)19 series will begin in February 2019

### **2019 AKSNA Conference Registration**

Full conference registration includes: All general and breakout sessions, lunch on Tuesday, awards banquet on Wednesday evening, and the vendor show at the Egan Center on Thursday. Please note that there is an additional fee for preconference sessions.

	e options 8:30 – 4:45 (Includes lunch):	<b>#</b> 00.00	
PrimeroEdge 101 ServSafe		\$30.00 \$90.00	
	a antian 10:45 A:45	ψ/0.00	
Half-day Preconferenc School Nutrition Spec	cialist Credentialing Examination		
directly completed with	am is \$225 with application and fee preregistresh the School Nutrition Association. Please se org/Credentialing/SNS-Benefits-Requirements	e	
Full Conference Memb	er Early Registration by December 1,2018	\$150.00	
	er after December 1, 2018	\$200.00	
Full Conference Non-M	lember	\$275.00	
Awards Banquet dinne	egistration fee includes admission for 1 to the r on Wednesday, January 30, 2019; check cattending the Awards Banquet?	\$0	
Additional Banquet Ad	mission	\$50.00	
Daily Rate: \$100.00/da	y Please select day(s) Tues. $\square$ Wed. $\square$ 1	hu. □	
	Total Fees Due:		
Board Member and	Presenter at Conference- No Charge per Jo		
	Dawson		
Name:	EASE FILL OUT THE COMPLETE REGISTRAT		
Job Title:			
	City:	Zıp	:
Daytime phone:	sing decision for the district (state)? $\Box$ Yes $\Box$		
Do you make the purchas	sing decision for the district (state): $\square$ res	1110	
Return completed form to:	Theresa Wilson, Lake and Peninsula School Distri PO Box 498 King Salmon, AK 99613 Email: <a href="mailto:twilson@lpsd.com">twilson@lpsd.com</a> Fax: 907-246-4473 Credit card payments accepted: 907-246-4280 press		
Cancellations me			
	ust be made 30 days in advance and are subject to a \$5	0 processin	g fee.
		ge 3 of 3	g fee.

## Agenda At-A-Glance

#### Preconference - Monday, January 28, 2019 Pre-registration Required

PreConference Session 1 PrimeroEdge 101
PreConference Session 2 ServSafe
PreConference Session 3 SNS Examination

Т	uesday, January 29, 2019	Wed	nesday, January 30, 2019	Thurs	day, January 31, 2019
8:15	Registration opens	8:30	Welcome and Updates	9:00	Choice:
8:30	Opening Remarks and Introductions	8:45	Successfully Managing the Complexities of School Nutrition Programs		Bus to tour - Charlie's Produce - Anchorage School District Central
9:00	Key Note Address – Six Pillars of Success	9:45	Best Practices in School Breakfast	11:00	Kitchen Vendor Show
10:00	Break	10:45	Break		- Bus will drop off from tour
10:15	Managing the Media when IT Hits the Fan	11:00	USDA Foods Update		- Will pick up at 2:10 to return to Residence Inn
11:00	School Nutrition Association Update	11:45	Lunch on your own		Residence IIII
		1:00	Roundtable:		
11:30	AKSNA Business Meeting & Lunch		Administrative Review		
1:00	State Agency Update	2:00	Safe Food Donations		
1.00	State Agency Opulate	3:00	Break		
1:30	Disaster Feeding				
2:30	Break	3:15	Concurrent Sessions: -Operating Cross-Cultural Nutrition Programs		
2:45	Concurrent Sessions: -Taking Advantage of your SNA Membership		- USDA Foods Advisory Council Meeting		
	- Net-Off Invoicing	4:00	Clean Label Cooking		
3:45	Concurrent Sessions: -Farm to School Update -Titan School Solutions	5:30	AKSNA Banquet Golden Lion Hotel shuttle will transport @ 5:30		
5:30	Conference Social -Sponsors by Commercial Kitchen Solutions Shuttle will transport @ 5:30				

## Preconference Session Monday, January 28, 2019

### Pre-registration Required

8:00	Registration Opens
0.00	Registration Opens
8:30 – 4:30	PrimeroEdge 101 Schrena Bockholt, CyberSoft Provides a basic overview of nutrition and helps to underscore the importance of nutrition in daily life. The program offers tools for guiding food choices, information on macronutrients and micronutrients, information to assist you in making good diet decisions, and an overview of nutrition issues in the media.
8:30 – 4:30	ServSafe  Theresa Wilson, Lake and Peninsula School District  This is a food and beverage safety training and certificate program administered by the National Restaurant Association. This certification is required by the State of Alaska, Department of Environmental conservations and the USDA as a basic credential for school nutrition staff.
12:30 – 4:30	School Nutrition Specialist Examination Fees and pre-registration directly with the School Nutrition Association is required.

### Tuesday, January 29, 2019

8:15	Registration opens
8:30	Opening Remarks and Introductions
9:00	Six Pillars of Success  Katie Wilson, Ph.D., SNS  School nutrition programs have become complex businesses with high customer expectations. It seems like you just live from challenge to challenge. Join Dr. Wilson, former USDA Deputy Under Secretary for Food Nutrition, and Consumer Services for this upbeat keynote to reenergize you and put a positive spin on your outlook for the future.
10:00	Break
10:15	Managing the Media when IT Hits the Fan Chris Johnson, Matanuska-Susitna School District Adrianne Schwartz, SNS, Juneau Borough School District Whether it's unpaid meal debt or meal pattern changes, the media always wants to know! This session will provide tips from your peers.
11:00	School Nutrition Association Update  Kaye Wetli, SNS, Riverview School District
11:30	AKSNA Business Meeting & Lunch AKSNA President Tanya Dube presiding
1:00	State Agency Update  Jo Dawson, MS, SNS, Child Nutrition Programs
1:30	Disaster Feeding  Jenni Ragland, Salvation Army  Sue Lampert, USDA Foods Coordinator, Child Nutrition Programs  Elizabeth Seitz, NSLP Coordinator, Child Nutrition Programs  In the case of a disaster, it's important to know how the state can support your efforts to feed your community.
2:30	Break

### Tuesday, January 29, 2019

ruesday, January 29, 2019		
3:00	Concurrent Sessions:	
	Birch:  Taking Advantage of Your SNA Membership  Kaye Wetli, SNS, Riverview School District	
	Aspen: Net-Off Invoicing Sue Lampert, USDA Foods Coordinator, Child Nutrition Programs	
3:30	Break	
3:45	Concurrent Sessions:	
	Birch: Farm to School Update Lyssa Frohling, Farm to School Coordinator, Division of Natural Resources  Aspen:	
	Introduction to Titan  Lance Heggem and Paul Conklin, Titan School Solutions	
5:30	Commercial Kitchen Solutions Social Night  - Shuttle from Residence Inn beginning at 5:30pm Located at 557 E Fireweed Lane	

Wednesday, January 30, 2019		
8:30	Welcome and Updates	
8:45	Successfully Managing the Complexities of School Nutrition Programs  Katie Wilson, Ph.D., SNS  School nutrition programs have become complex businesses with high customer expectations. Yet insufficient federal reimbursement rates, complex new regulations, and increased labor and food costs have all combined to push these programs to the edge. This session untangles new regulations, explains the professional standards requirements, and suggests best practices for fully utilizing federal funds and programs available to your district.	
9:45	Best Practices in School Breakfast: Breakfast in the Classroom, Grab and Go, Second Chance  Facilitated by Elizabeth Seitz, NSLP Coordinator, Child Nutrition Programs  Best practices in school breakfast can increase participation by leaps and bounds.  Hear how your peers have implemented these strategies.  Panelists:  Geno Ceccarelli, North Slope Borough School District  Walter Williams, Southwest Region Schools  Carol Larson, Petersburg City Schools	
10:45	Break	
11:00	USDA Foods Update Sue Lampert, USDA Foods Coordinator, Child Nutrition Programs	
11:45	Lunch on your own	
1:00	Administrative Review Roundtable Robin Tennille, SNS, TCB Preparation is the key to a successful AR. This session is a facilitate discussion on how to best prepare for your AR.	

### Wednesday, January 30, 2019 cont.

	Wednesday, January 30, 2019 cont.
2:00	Safe Food Donations  Carol Brady, Alaska Department of Environmental Conservation  This session will cover receiving foods and touch on what kinds of foods are acceptable and which are not.
3:00	Break
3:15	Concurrent Sessions:
	Birch – Operating Cross-Cultural Programs Trevor Bridgewater, Fairbanks North Star Borough School District Find ways to incorporate local cultures into your school nutrition program.
	Aspen – USDA Foods Advisory Council Meeting Sue Lampert, USDA Foods Coordinator presiding
4:00	Clean Label Cooking  Bonnie Britt, SNS, SA Piazza & Associates  - What makes a product clean label and what ingredients to watch for.
5:30	AKSNA Banquet, Golden Lion -Hotel shuttle will transport @ 5:30

### Thursday, January 31, 2019

Anchorage Central Kitchen

~ or ~

Charlie's Produce

Shuttle to pick up @ the Marriott Residence Inn 9:00am

Drop off at Anchorage School District at 9:25

Drop off at Charlie's Produce at 9:40

Pick up at Anchorage School District at 10:25

Pick up at Charlie's Produce at 10:45 Drop off at Egan Center – Vendor Show

11:00 Vendor Show

Egan Center A chance to check out new products and equipment for your nutrition program.

2:10 Return Shuttle

Shuttle arrives at 2:10pm, departs at 2:15 returning guests to the Marriott

Residence Inn.

## Featured Speakers

Dr. Wilson has a passion for child nutrition and has dedicated her career to improving access to healthy food for all children and their families. She has spent 23 years as a school nutrition director in three public school districts in Wisconsin, 5 years as the Executive Director for the Institute of Child Nutrition and assistant professor at the University of Mississippi and most recently, 2 years as the Deputy Under Secretary of Food, Nutrition, and Consumer Services at the United States Department of Agriculture, appointed by President Obama.

Her professional service also includes serving on the 31<sup>st</sup> Standing Committee on Nutrition at the United Nations,



as Chair of the National Nutrition Standards Task Force, in many leadership positions for the School Nutrition Association, including 2008-2009 President, and as an expert on a variety of foundation and non profit Board of Directors. Katie has shared her expertise throughout the United States and around the world as an invited speaker, and academic guest lecturer for numerous government and private organizations, industry sales teams, colleges/ universities, and researchers interested in the field of nutrition, child health, and school food service management.

Dr. Wilson holds a bachelor's of science degree in dietetics, a master's degree in food science and nutrition from the University of WI – Stout, and a doctoral degree in foodservice and lodging management from Iowa State University. She is credentialed as a School Nutrition Specialist.

She has received many peer nominated awards throughout her career and is considered one of the top experts in the field of child nutrition.



Kaye Wetli is in her 13<sup>th</sup> year as the Supervisor of Food Services at Riverview School District in Duvall, Washington and has been a member of the School Nutrition Association (SNA) and Washington SNA (WSNA) ever since she first held this position. She started her state leadership journey in 2012 as Member at Large for WSNA, then Vice President, President Elect, and President. Kaye holds the SNS (School Nutrition Specialist) Credential and just started her third year of the three year term as SNA Northwest Regional Director.

Kaye lives and works in the community of Duvall and is happy to have a commute of under one mile to her office.